

GARY S. SCHEININ, D.P.M.

A PROFESSIONAL MEDICAL CORPORATION

DIPLOMATE, AMERICAN BOARD OF FOOT & ANKLE SURGERY

FELLOW, AMERICAN
COLLEGE OF FOOT &
ANKLE SURGEONS

BOARD CERTIFIED IN
FOOT & ANKLE
SURGERY

HOME INSTUCTIONS AFTER WART-SKIN LESION TREATMENT

1. If your skin growth(s) or wart(s) were **frozen** you may find that there is a burning sensation and likely a blister or some whitening of your skin after the treatment. Soaking with warm water and salt (2tsp. of TABLE sale with 1-2 quarts warm water OR 2Tbsp. EPSOM salt with 1-2 quarts warm water) will make the area feel less tender. The soaking should NOT burn, if it does add more water. Soak for about 1-2 days, 10 minutes each time. The tenderer your foot feels the more frequent and more days you should continue the soaks.
2. If the treatment was with an **“Acid”/Chemical** you *will removed the bandage in about 6 hours, sooner if you experience a painful burning.* Sometimes this “hot foot” feeling will only last a short time. After you remove the bandage, **wash** the area with soap and water then begin to soak twice daily in salt and warm water (about 10 minute soaks) following the directions in paragraph 1.
3. Be careful that your shoes do not rub the area treated. After a few hours, this would make your foot very tender. A small area of redness around the wart/skin growth is usual. It should not go beyond about 1½- 2 inches from the treated area.

A bandage or covering will help reduce the friction and keep dirt out. DO NOT stick an adhesive directly on the treated skin as this can cause more pain when you remove the bandage.

4. Call the office for any questions or problems

Remove the bandage or dressing around _____ AM/PM
SOONER if you feel a burning sensation.

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